

Step 1.2 Learning with us

The purpose of this course

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The views expressed in this publication are those of the authors and not necessarily those of the National Health Service, the National Institute for Health Research or the Department of Health and Social Care.

Please note

Whilst we have endeavoured to ensure the course is as current as possible, new information on this disease is accumulating every day. It is inevitable that some of it will no longer be as up-to-date as possible. In order to mitigate this, we have provided links to sites where information is being updated closer to real time.

How will we learn?

Throughout our three weeks together, we will use articles, mini-lectures, audio, and videos with experts from around the world to highlight some of the key issues and thinking around COVID-19. We encourage you to assess your learning through quizzes and share your experiences and views through discussion with fellow learners and the course team. We also encourage you to refer to the FAQ documents where provided. Most steps include reference lists and supplementary reading that you may find useful for further study.

How will I learn?

There is no single way to approach the course that guarantees success. The way you learn depends on many factors and will not necessarily be the same as everyone else. However, in order to maintain enthusiasm and gain confidence about your studies, why not take a more active role within the course? You could:

- Take notes on course steps. Which aspects of the material are most interesting to you and why? Is there anything you have struggled to understand? Why might that be?
- Analyse connections between the current step and previous ones to help build a clearer picture of a topic
- Ask yourself questions about what you're learning and how it relates to your own experiences
- Discuss your learning with others and consider how you can apply new knowledge, either in your personal life or a professional situation
- Explain what you have learned to others if they are struggling.

In summary, one great way to figure out how to learn is to think about it.

Language and accessibility

We have tried to keep the content as accessible as possible, although some Steps (particularly in Week 1) do use technical medical and scientific terms. Please don't be put off by this and do continue to the rest of the course. Where possible, we have listed additional resources under the 'See Also' section to provide further explanation.

All audio and video steps have transcripts available.